

Periodontology days in Ostrava

A regular meeting of dentists and periodontologists took place in Ostrava at Hotel Imperial, 22. 10. – 23. 10. 2021.

The first day:

The scientific session was opened by the chairman Dr. Ladislav Korábek and by Dr. Michal Kania, the member of the Committee of Czech Perio Society.

There were stressed the difficult conditions for a meeting like that because of Covid 19 epidemic. Some foreigner lecturers refused to arrive which is of course understandable. In spite of that the high level of presentations was maintained.

The first lecturer was Dr. Jan Streblov, Prague,:

„The interdisciplinary cooperations from the point of view of Periodontologist“.

The author tried to show the right cooperations among Periodontology, Dental Prosthetics, Orthodontics, Implantology, Dental Surgery, etc.

Heading for the best results even with Perio compromised teeth.

„The condition sine qua non“ is dental Hygiene and its maintaining, the precise work of dental laboratory workers, etc.

Dr. Streblov showed a row of casuistic cases that documented his main idea.

Dr. Marta Murgašová, Trenčín, Slovak Republic:

„The Bruxismus symptome, everyday problem in the dental office“.

The lady author said when considering these symptoms and syndromes multidisciplinary approaches must be applied means neuromuscular disorders, bite disorders, migrena disorders, cervical bone disorders, etc. The causes must be removed, bad habits too. The careful dental examination is very important and may decide about the success or not.

The next one was:

Prof. Dr. Vojtěch Thon, Brno,:

„Immunology reactions and Covid 19“.

Prof. Dr. Thon is a leading immunology specialist in the Czech Republic and its lecture corresponded to it.

He explained the basic principles of Covid 19 disease from the Immunology point of view. The general immunity, the mucosal immunity, the relationship, etc. The meaning of antibodies, the children vaccination.

He mentioned many other information putting it together in a very comprehensive way and quite understandable.

His lecture was accepted with an unprecedented response, with a strong applause of the auditorium.

Dr. Jaroslav Černušák, Kralupy,:

„Periodontology and its changes during the time“

The author presented how our discipline, Periodontology, went through the fast, extensive development in the last thirty years. He also mentioned how the periodontal therapy has been changed in many ways, using new methods, new materials, etc.

Dr. Pavel Poleník, Plzeň,:

„The intraoral effects of red wine and its systemic effect too“.

The whole series of wine effects is well known such as the matters from red wine increases the membrane permeability and therefore there is a better effectivity of some medicine drugs. Also, some effects of red wine decreases the number of bacteria in the oral cavity. Also, some matters of wine are influencing well the cardiovascular diseases, oncological diseases too, etc.

Dr. Pavel Barták, „The immediate implantology“

The author very precisely, in detail presented the possible approaches, methodes, how to insert the implants properly in the 3D position which includes 3D planing, scanning, implantology templates, etc.

Using by various clinical cases he showed some difficulties and obstacles accompanying these methods and also reasoned why and under what conditions the immediate implants are used more often these days.

The second day:

A scientific meeting was started by Dr. Jeroným Klimeš, a psychologist, Prague, with the lecture:

„Dysthymia, how to cure the people with the mood disorder“:

This topic is quite relevant these days because the Covid 19 epidemia.

We know very well that some people tolerates badly this situation concerning their mood, behavior etc.

The author reminded the Cholera epidemia in 19th century with many victims.

From the point of view of psychologist he stressed psychological impacts on many patients. The number of people with psychological problems was increased significantly. He mentioned so called the peak experience of emotions. He also presented his opinion as for the cure of Bruxism symptome.

He reasoned that except the dental factors of Bruxism we can take into account also the psychological aspects of view.

Dr. Peter Abelovský, Zvolen, Slovak Republic:

„3D alveolus reconstruction – Shall we have a method we can rely on?“

The author demonstrated several medical cases showing the approaches of alveolus reconstruction with the aim to gain more bone tissue because of to carry out a proper implantation. He stressed the biological principles of surgery using the autologues bone grafts.

The last speaker was Dr. Martin Starosta, Olomouc, with his lecture:

„The teeth autotransplantation versus Dental Implant.“

The author demonstrated more clinical cases with the success of the autotransplantation tooth method. The condition for it means a proper indication, a proper surgery design. In this case the method is meaningful when

considering how to replace a missing tooth. The author paid attention to proper indications and explained the proper approaches too.

This two days meeting was fully accepted and appreciated by the auditorium.

We had more than 130 participants.

The next meeting of the Czech Periodontology Society will be 20. – 21. 05. 2021, at Seč, Pardubice region, East Bohemia.

On behalf of The Czech Perio Society Committee

Dr. Michal Kania